

**Advent is the time
of getting ready
to meet Jesus**

1) 1st time

2) 2nd time

REPENTANCE

Metamellomia = Regret

Metanoeo = Think differently

Metanoia = Reversal

Metanoia = Reversal



What shall we do then?

Do something!

- ❖ **Help others**
- ❖ **Be honest**
- ❖ **Be content**

Metanoia = Reversal





**Advent is the time of getting
ready to meet Jesus**

Two natures within:

SINFUL* and *SPIRITUAL

Which one will you feed?