

Effective Prayer

FASTING

v.18 'Your Father who sees in secret, will reward you'

'He ate nothing during those days, and at the end of them He was hungry' Luke 4:2

Effective Prayer

‘Pray in the Spirit on all occasions with all kinds of prayer and requests.

With this in mind, be alert and always keep praying for all the saints’ Eph 6:18

Effective Prayer

**‘Three times a day
he got down on his knees
and prayed,
giving thanks to his God,
just as he had done before’
Daniel 6:10**

Effective Prayer

Use all kinds of prayer

Adoration

Confession

Thanksgiving

Supplication

Effective Prayer

Pray at all times

Pray in the Spirit

**Be watchful and alert,
looking out for each other**

Persevere in prayer

Effective Prayer

**'Then Jesus told them this
parable to show them
they should always pray
and not give up'**

Luke 18:1

Effective Prayer

**Know the obstacles to prayer
and avoid them**

Fast and pray

**Use all kinds of prayer, at all times,
praying in the Spirit**

**Keep watchful and alert,
pray for other Christians
and never, ever give up!**