

# “IS THIS IT?”

If God did exist what would you ask?

## St. Mary's Short Courses



Most couples spend countless hours preparing for the wedding, but little, if any time preparing for married life. The Marriage Preparation Course can help you develop strong foundations for a lasting marriage.



The Marriage Course is for any couple who wants to invest in their relationship, whether you have been together 1 or 61 years and whether you have a strong relationship or are struggling.



The Parenting Children Course is for any parents, step-parents, prospective parents or carers of children aged 0 - 10 years.



The Parenting Teenagers Course is for any parents, step-parents, or carers of children aged 11 - 18 years.